



Name: _____

Age: _____

Date: ___/___/___

Reason for your visit today: _____

Circle your current contraception:

- None ➤ Tubal ligation ➤ IUD ➤ Mirena ➤ Nuva Ring ➤ Patch ➤ Depo ➤ Provera ➤ Diaphragm ➤ Vasectomy ➤ Condoms
- Oral contraceptives If Oral contraceptives, which one? _____

Medication Allergies: ➤ Yes ➤ No If Yes, please list _____

List all prescription medications you are currently using _____

Non-prescription products you use on a regular basis _____

When was the first day of your last menstrual period? _____ Period occurs every _____ days & lasts _____ days.

Age of first period? _____ Intermenstrual bleeding? ➤ Yes ➤ No Heavy periods? ➤ Yes ➤ No

Were you exposed to DES before birth? ➤ Yes ➤ No Last Pap Smear ___/___/___ Ever had an abnormal PAP smear? ➤ Yes ➤ No

Do you drink alcohol? ➤ Yes How much? _____ ➤ No Do you use recreational drugs? ➤ Yes How often? _____ ➤ No

Do you exercise regularly? ➤ Yes ➤ No Do you smoke? ➤ Yes ➤ No If Yes, how many per day? _____

When was your last mammogram? ___/___/___ Do you have a history of Sexually Transmitted Disease? ➤ Yes ➤ No

Do you use seat belts? ➤ Yes ➤ No Do you perform breast self-exams monthly? ➤ Yes ➤ No

Have you had a bone density evaluation? ➤ Yes ➤ No Have you ever had a colonoscopy? ➤ Yes ___/___/___ ➤ No

Circle any of the following illnesses that you currently have or have ever had:

- Stroke
- Asthma
- Ulcers
- Diabetes
- Osteoporosis
- Tuberculosis
- Heart disease
- Kidney stones
- Bowel trouble
- Chronic anemia
- Eating Disorder
- High cholesterol
- Seizures/Epilepsy
- Depression/Anxiety
- High blood pressure
- Thyroid disorder
- Bleeding disorder
- Blood transfusion
- Anesthesia reactions
- Mitral valve prolapse
- Chronic lung condition
- Autoimmune disease (lupus)
- Blood clots in legs/lungs/heart
- Hepatitis/Liver disorder/Jaundice

➤ Cancer ➤ Yes ➤ No If Yes, please explain? _____

Any other diseases? _____

Circle any of the following illnesses that have occurred in your family's history:

- Breast cancer
- Ovarian cancer
- Colon cancer
- Stroke
- Diabetes
- Osteoporosis
- Thyroid disorder
- High blood pressure
- Any other disease? _____
- Elevated cholesterol
- Coronary artery disease

Surgeries or hospitalizations: ➤ Yes ➤ No

➤ Type of surgery or reason for hospitalization: _____

Date: ___/___/___ Doctor: _____ Hospital/Facility: _____

➤ Type of surgery or reason for hospitalization: _____

Date: ___/___/___ Doctor: _____ Hospital/Facility: _____

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Date: ___/___/___ Doctor: _____ Hospital/Facility: _____

Pregnancy history (include abortions, miscarriages and stillbirths):

Delivery date | Baby weight | Weeks pregnant | Hours in labor | Normal or C-section | Complications | Location

Patient signature _____ Dr signature _____ Date ___/___/___ Review: ➤ 1 year ➤ 2 year